AYR & DISTRICT RAMBLING CLUB SUMMER PROGRAMME 2023 (APRIL – SEPTEMBER)

- For all walks, meet at Ayr College car park at 8.45am for a 9.00am departure, unless stated otherwise in the walk descriptions circulated to members on Monday evenings.
- When car-sharing, the mileage contribution is 25p per mile for all car occupants (i.e. including driver).
- Please inform leaders if you intend to travel direct to the start of the walk. Leaders' contact details will be provided along with the weekly walk descriptions.

DATE	GRADE	WALK	LEADER
APRIL			
Sat 1	B+	Locherwood to Craig Minnan, Windy Hill and Muirshiel)	lain McKenna
	С	Irvine to Ardeer (Old Industry Workings) Circular	Colin Harris
Sun 9	B+	Drumelzier Horseshoe	Gordon & Liz Brown
	C+	Cornish Hill and Stinchar Falls	John Walter
Sat 15	Α	White Coomb via Grey Mare's Tail	Lindsay Veitch
	C+/B	Maybole – Lochspouts – Kildoon Circular	Lorna Cullen
Fri 21 to Mon 24		Long Weekend at Eskdale, Lake District Various walks	
Sun 23	C/C+	Springtime Saunter at Culzean (from Maidens)	Ken Carson
Sat 29	A/A+	Goatfell via Cioch na h'Oighe (7.00am ferry)	Dick Vernon
	C+	King's Cross – Glenashdale - Whiting Bay, Arran	John Walter
MAY			
Sun 7	Α	Beinn Tharsuinn & Beinn Chaorach	Helen Allison
	В	Lanfine and the Plantations, Darvel	Linda Sommerville
Sat 13	Α	Glenalla Fell, Black Hill of Knockgardner & Cawin Hill, Straiton	David Allison
	В	The Magnificent Eleven, Glasgow	Pete Longman
Sun 21	B+/A	Cairnsmore of Carsphairn and Beninner	Moh Harrats
	С	Sandgreen Circular	John Malcolm
Sat 27	С	Prestwick – Troon Circular	Jim & Rona Gilmour
Sat 27 to		Walking Week at Conwy, North Wales	
Sat 3 June		Various walks	
JUNE			
Sun 4	C/C+	Auchinstarry (Forth & Clyde Canal)	Barrie Southwood
Sat 10	B/B+	Kendoon Circular	Roger Coutu
	C/C+	River Ayr Way – Auchincruive Circular	Alma Fisher
Sun 18	B/B+	Abington – Tewsgill Hill Circular	Denis Duke
	C/C+	Milngavie Reservoirs/Mugdock Country Park/West Highland Way	Jim & Rona Gilmour
Sat 24	Α	Ben Lomond from Rowardennan	Moh Harrats
	C+	Maidens to Girvan (Ayrshire Coastal Path)	Mattie Templeton
JULY			
Sun 2	Α	Auchnafree Hill from Glen Turret	Gordon & Liz Brown
	C+	Barassie – Irvine – Shewalton Woods	Caroline McInulty
Sat 8	Α	Meall na Fearna (Corbett) from Loch Earn	Des Broadley
	С	Dailly Roundabout (Dalquharran Castles, Kilgrammie & Quarry Trail)	Marion Allan

Sun 16	B+/A	Brecbowie Ridge & Craiglee from Loch Bradan	Ross Green
	C+	Maybole to Turnberry via farm roads &	Richard Lutz
		Culzean	
Sat 22	B+/A	Well Hill – Black Hill – Pettylung, Durisdeer	Moh Harrats
	С	Greenan Castle – Belleisle – Rozelle Circular	Brigid Boyle
Sun 30	B/B+	Old Kilpatrick, Duncolm and the Slacks Circular	Billy McKellar
	C+	Woodroad Park (Cumnock) to Dumfries House	Ivy O'Connor
		Circular	
AUG			
Sat 5	B/B+	Polskeoch Bothy – Colt Hill from Water of Ken	John Malcolm
	C+	Hadyard Hill Wind Farm (South) from	Pete Longman
		Penwhapple	
Sun 13	B+	Girvan – Pinmore – Grey Hill Circuit	Niall Mearns
	С	Mauchline – Catrine Circuit	Mary Hardie
Sat 19	Α	Creag Mac Ranaich (Corbett) from Loch Earn	Des Broadley
	C+/B	Ardoch Hill & Mulloch Hill, St John's Town of	Janice & Joe Clarke
		Dalry	
Sun 27	Α	Beinn Bhreac and Beinn Reoch, Glen Douglas	Rick Bamford
	C+/B	Scenic Loch Muck Circuit	James Wood
SEPT			
Sat 2	Α	South Kells Circular (Meikle Millyea to	Ross Green
		Corserine) from Forrest Lodge	
	C+	Blairquhan Estate – Sclenteuch Moor, Straiton	Mattie Templeton
Fri 8 to		Long Weekend at Fort Augustus	
Mon 11		Various walks	
Sun 10	C/C+	Fairlie Circular	Barrie Southwood
Sat 16	В	Northern Circuit of West Island Way, Bute	Isobel & Willie
			Mactier
	С	Penpont Circular	John Malcolm
Fri 22 to	C/C+	Glasgow Open Doors Walks (3 days)	Ken Carson & Trish
Sun 24			Hamilton
Sun 24	A+	Stuc a' Chroin from Callander	Gordon & Liz Brown
Sat 30	B+/A	Meaul and Coran of Portmark from Green Well	Chris Lee & Linda
			Williams
	С	Loch Trool Circular, Glen Trool	John Walter

Walk grades (these are intended only as a guide, in particular with regard to length of walk):

- A+ For the very experienced and very fit. Very strenuous, walks are often over high ground e.g. 3, 000ft, sometimes in very exposed conditions. Very steep mountain ascents and descents may be involved. Walks may be over 15 miles.
- A Strenuous, for the fit. Usually over hilly and rough terrain. Steep ascents and descents may be involved. Typically 10+ miles.
- **B+** Moderate to strenuous. Not over 2,000 ft. Although easier than A walks, at least one feature of an A walk may be involved. Typically 10–13 miles.
- **B** Moderate. Usually moorland or lengthy low-level walks. Usually 9–12 miles.
- **C+** Easy to moderate. Mostly on level ground, but could involve either short uphill sections or rough ground. Usually 6–9 miles.
- **C** Easy. Mainly level ground, usually on paths, tracks, or minor roads. Usually 5-7 miles.